

2016 Trail Marathon Wales - Marathon

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Halfway	Position	Club	Gun Time	Position	Chip Time	Position
293	Alastair	Murray	M	1	MV40	1	01:34:18	1	HORWICH RMI HARRIERS	03:11:40	1	03:11:38	1
364	Allen	Smalls	M	2	MV40	2	01:40:15	6	COLCHESTER HARRIERS AC	03:22:09	2	03:22:06	2
272	Jamie	Masters	M	3	MOPEN	1	01:37:50	4	ST. AUSTELL RUNNING CLUB	03:27:18	3	03:27:15	3
139	Tom	Foster	M	4	MV40	3	01:41:05	7	MERCIA FELL RC	03:30:38	4	03:30:37	4
299	Jon	Newey	M	5	MV40	4	01:41:30	8	MALVERN JOGGERS	03:31:08	5	03:31:02	5
2	Anthony	Aimon	M	6	MOPEN	2	01:40:13	5	HYDE PARK HARRIERS	03:33:58	6	03:33:55	6
332	Warren	Renkel	M	7	MOPEN	3	01:43:11	11	SOUTH CHESHIRE HARRIERS	03:34:30	7	03:34:25	7
367	Gordy	Smith	M	8	MV40	5	01:34:39	2	HEANOR RC	03:34:43	8	03:34:41	8
343	Andrea	Rowlands	F	1	FV40	1	01:43:22	13	ERYRI HARRIERS	03:34:59	9	03:34:55	9
137	John	Ford	M	9	MV40	6	01:36:16	3	NORTH WALES ROAD RUNNERS	03:36:37	10	03:36:35	10
132	Kevin	Fisher	M	10	MV40	7	01:44:08	14	BROMSGROVE REDDITCH AC	03:37:08	11	03:37:04	11
194	Gary	House	M	11	MOPEN	4	01:42:18	10		03:40:46	12	03:40:44	12
315	Balázs	Pint?r	M	12	MV40	8	01:42:08	9	ABERYSTWYTH AC	03:41:19	13	03:41:14	13
380	Steve	Stead	M	13	MOPEN	5	01:48:51	20	PENISTONE FOOTPATH RUNNERS AC	03:42:00	14	03:41:54	14
434	Andrew	Wilson	M	14	MV40	9	01:51:06	35	ST. HELENS SUTTON AC	03:45:20	15	03:45:14	15
451	Mike	Evans	M	15	MV40	10	01:43:18	12	SWANSEA HARRIERS AC	03:46:11	16	03:46:11	16
275	John	Mckenna	M	16	MV40	11	01:53:13	44	WAYERLEY HARRIERS	03:47:49	17	03:47:41	17
259	Chris	Manby	M	17	MOPEN	6	01:52:29	38	COLCHESTER HARRIERS AC	03:47:50	18	03:47:44	18
125	Gary	English	M	18	MV50	1	01:44:54	16	LIVERPOOL RC	03:48:02	19	03:47:57	19
319	David	Powell	M	19	MV50	2	01:50:26	28	ABERYSTWYTH AC	03:48:59	20	03:48:50	20
101	Alan	Dean	M	20	MV40	12	01:49:40	22	SHREWSBURY AC	03:49:28	21	03:49:20	21
202	Llion	Iwan	M	21	MV40	13	01:52:04	36	ERYRI HARRIERS	03:49:44	22	03:49:37	22
292	Mark	Murphy	M	22	MOPEN	7	01:48:50	19	MANX FELL RUNNERS	03:50:34	23	03:50:29	23
93	Evan	Davies	M	23	MOPEN	8	01:44:43	15		03:51:12	24	03:51:09	24
71	Martyn	Clarke	M	24	MV50	3	01:52:37	40	COLCHESTER HARRIERS AC	03:51:43	25	03:51:37	25
288	Seb	Morton	M	25	MOPEN	9	01:50:30	29		03:53:48	26	03:53:41	27
90	Barry	Davies	M	26	MV40	14	01:50:43	33	MONROSS TRAILBLAZERS	03:54:03	27	03:54:00	28
68	Adrian	Church	M	27	MV40	15	01:52:29	39		03:54:06	28	03:53:39	26
450	Ian	Ellis	M	28	MOPEN	10	01:47:36	18	MALDWYN H	03:55:03	29	03:54:47	29
206	Luke	James	M	29	MOPEN	11	01:50:40	31	MONROSS TRAILBLAZERS	03:57:05	30	03:56:59	30
131	Stephen	Finn	M	30	MV40	16	01:53:07	43	HART ROAD RUNNERS	03:58:09	31	03:58:05	31
59	Jimmy	Carter	M	31	MOPEN	12	01:50:35	30	VEGAN RUNNERS	03:58:49	32	03:58:39	32
258	Eluned	Malone	F	2	FOPEN	1	01:53:23	45	ARENA 80 AC	03:58:51	33	03:58:41	33
306	Lewis	Patching	M	32	MOPEN	13	01:52:44	41		03:59:03	34	03:58:53	34
164	Dan	Grundy	M	33	MV40	17	01:50:12	26	WARRINGTON RUNNING CLUB	03:59:10	35	03:59:06	35
15	Ross	Ashmore	M	34	MOPEN	14	01:50:08	25		04:00:12	36	04:00:04	36
61	Daniel	Cater	M	35	MOPEN	15	01:50:40	32		04:01:04	37	04:01:03	37
232	Hans-Peter	Kubis	M	36	MV50	4	01:54:40	54		04:01:44	38	04:01:38	39
153	Karl J	Gordon	M	37	MV40	18	01:54:42	55		04:01:47	39	04:01:35	38
155	John	Gorzynski	M	38	MOPEN	16	01:49:42	23	TRENT PARK RUNNERS	04:02:05	40	04:02:02	40
374	Mary Grace	Spalton	F	3	FV40	2	01:54:05	50	BELGRAVE HARRIERS	04:02:11	41	04:02:07	41
91	Chad	Davies	M	39	MOPEN	17	01:52:47	42	HUNCOTE HARRIERS	04:02:32	42	04:02:25	43
129	Mat	Fenwick	M	40	MOPEN	18	02:03:27	80		04:02:33	43	04:02:14	42
442	David	Wright	M	41	MV50	5	01:55:24	56	COLCHESTER HARRIERS AC	04:02:55	44	04:02:50	44
379	Nick	Statham	M	42	MV40	19	01:57:56	63		04:03:23	45	04:03:01	45

140	Rob	Fox	M	43	MOPEN	19	01:50:16	27		04:03:28	46	04:03:23	46
50	Paul	Burke	M	44	MV40	20	01:49:00	21	ALDRIDGE RC	04:03:46	47	04:03:27	47
197	Lenny	Hughes	M	45	MV60	1	01:56:34	60	MALDWYN H	04:04:27	48	04:04:18	48
34	Andrew	Bowen	M	46	MV40	21	01:51:04	34		04:04:55	49	04:04:27	49
178	Mark	Harriott	M	47	MV40	22	01:53:56	48	SOUTH DERBYSHIRE ROAD RUNNERS	04:05:19	50	04:05:08	50
294	Emma	Murray	F	4	FV50	1	01:56:26	59	ST. AUSTELL RUNNING CLUB	04:05:20	51	04:05:16	51
186	Nick	Haywood	M	48	MOPEN	20	01:53:28	46	VALE ROYAL AC	04:05:49	52	04:05:42	52
73	Malcolm	Collins	M	49	MV40	23	01:57:59	64	ASTLEY TYLDESLEY ROAD RUNNERS	04:06:21	53	04:06:00	53
247	Paul	Lidgett	M	50	MV50	6	01:50:01	24	CHEPSTOW HARRIERS	04:06:23	54	04:06:17	54
423	Tom	Weller	M	51	MV40	24	01:57:15	61		04:07:04	55	04:06:58	56
118	Sean	Duvall	M	52	MOPEN	21	01:57:16	62		04:07:04	56	04:06:58	55
42	Suzanne	Broadhurst	F	5	FV40	3	01:55:54	58		04:07:41	57	04:07:33	58
134	Glyn	Fletcher	M	53	MV50	7	01:54:36	53	MAIDSTONE HARRIERS	04:07:41	58	04:07:32	57
405	Kai	Turck	M	54	MV40	25	01:58:50	67		04:08:22	59	04:08:09	59
51	Samuel	Burnage	M	55	MV40	26	01:54:34	52	MALVERN JOGGERS	04:09:32	60	04:09:18	60
43	Jack	Bromley	M	56	MOPEN	22	01:45:11	17		04:09:55	61	04:09:52	61
282	Chris	Moore	M	57	MOPEN	23	01:58:15	66		04:11:39	62	04:11:16	62
78	Bruno	Combart	M	58	MV40	27	01:54:29	51		04:12:12	63	04:11:59	63
351	Mario	Sagasser	M	59	MV50	8	02:02:43	78		04:14:18	64	04:13:53	64
381	Terence	Steinberg	M	60	MOPEN	24	01:59:13	68	LONDON BUSINESS SCHOOL RC	04:15:43	65	04:15:36	65
370	Wayne	Smith	M	61	MOPEN	25	01:58:02	65	AMAZING FEET RC	04:16:15	66	04:15:57	66
145	Lucinda	Gahan	F	6	FOPEN	2	01:59:17	69	OUTDOOR FITNESS RUNNING CLUB	04:17:16	67	04:17:01	67
74	Paul	Collins	M	62	MOPEN	26	01:52:24	37		04:17:27	68	04:17:18	68
190	Steve	Hinshelwood	M	63	MV50	9	02:04:52	86	CAMBRIDGE TRIATHLON CLUB	04:17:40	69	04:17:28	70
267	David	Martin	M	64	MV40	28	02:00:40	71		04:17:46	70	04:17:27	69
416	Kevin	Walker	M	65	MV40	29	02:01:50	75	SKELMERSDALE BOUNDARY HARRIERS	04:17:47	71	04:17:29	71
136	Simon	Fletcher	M	66	MV40	30	01:54:01	49		04:18:29	72	04:18:12	72
141	Andreas	Fragner	M	67	MOPEN	27	01:55:43	57		04:19:31	73	04:19:03	73
130	Jeff	Fidler	M	68	MV50	10	02:08:46	104		04:20:11	74	04:20:04	74
103	Stephen	Dermody	M	69	MV40	31	01:53:38	47		04:20:29	75	04:20:26	75
3	Michael	Aisbitt	M	70	MV40	32	02:03:44	82	SKELMERSDALE BOUNDARY HARRIERS	04:21:16	76	04:20:57	76
217	Iorwerth	Jones	M	71	MV40	33	02:02:27	77		04:21:52	77	04:21:42	78
52	Helena	Butler	F	7	FOPEN	3	02:01:46	74	SADDLEWORTH RUNNERS	04:21:57	78	04:21:44	80
386	Michael	Stokes	M	72	MV40	34	02:08:33	101		04:22:00	79	04:21:40	77
38	Kirsty	Briggs	F	8	FV40	4	02:08:13	100	TELFORD HARRIERS	04:22:09	80	04:21:44	79
19	Louise	Barker	F	9	FV40	5	02:03:53	83	ABERYSTWYTH AC	04:23:57	81	04:23:42	81
337	Peter	Roberts	M	73	MV40	35	02:05:59	88		04:25:16	82	04:24:34	82
249	Andrew	Lockett	M	74	MV40	36	02:06:53	95	WAVERLEY HARRIERS	04:25:43	83	04:25:35	84
448	Julie	Wallis	F	10	FV40	6	02:09:13	107		04:25:48	84	04:25:20	83
432	Pete	Williams	M	75	MV40	37	02:01:06	72	HILLINGDON AC	04:26:56	85	04:26:32	85
62	Martin	Cave	M	76	MV50	11	02:14:27	134	SWINTON RC	04:28:38	86	04:28:22	86
151	Ken	Gofton	M	77	MV60	2	02:05:01	87		04:29:38	87	04:29:35	89
188	Trent	Herdman	M	78	MOPEN	28	02:10:45	116		04:29:45	88	04:28:56	87
187	Alex	Hepplewhite	M	79	MOPEN	29	02:06:51	94		04:29:49	89	04:29:28	88
16	Deborah	Ashworth	F	11	FV40	7	02:12:14	123		04:31:11	90	04:30:52	90
221	Paul	Jones	M	80	MV40	38	02:03:26	79	WIMBLEDON WINDMILERS	04:32:29	91	04:32:20	91
369	Thomas	Smith	M	81	MOPEN	30	02:11:25	120	SOUTH YORKS POLICE SPORTS SOCI	04:34:47	92	04:34:14	92
96	Daniel	Davis	M	82	MOPEN	31	02:04:20	84		04:35:21	93	04:34:37	93

289	Peter	Mould	M	83	MOPEN	32	02:22:37	173		04:35:42	94	04:35:27	95
265	Simon	Marchant	M	84	MOPEN	33	02:13:41	132		04:36:21	95	04:35:22	94
92	Eric	Davies	M	85	MV50	12	02:07:25	98		04:37:01	96	04:36:29	96
352	Vicky	Saunders	F	12	FV40	8	02:15:22	137	PLYMOUTH MUSKETEERS RC	04:38:07	97	04:37:35	97
411	Patricia	Van Rooyen	F	13	FV40	9	02:09:01	106		04:38:34	98	04:37:59	98
257	Ron	Mahoney	M	86	MV40	39	02:06:11	90		04:39:10	99	04:38:49	99
185	Justin	Haywood	M	87	MV40	40	02:06:11	91		04:39:10	100	04:38:50	100
72	Richard	Clarke	M	88	MV40	41	02:11:10	119		04:39:57	101	04:39:29	102
425	Sarah	Whitehouse	F	14	FOPEN	4	02:06:23	92		04:40:00	102	04:39:46	103
116	Mark	Dunn	M	89	MOPEN	34	02:11:41	121		04:40:04	103	04:39:12	101
48	Phillip	Bullock	M	90	MV40	42	01:59:27	70	MALDWYN H	04:40:11	104	04:40:01	104
297	Simon	Neeves	M	91	MOPEN	35	02:04:43	85		04:40:52	105	04:40:31	105
436	Stephanie	Wilson	F	15	FOPEN	5	02:10:19	113	PUDSEY & BRAMLEY AC	04:41:05	106	04:40:57	106
108	Alastair	Dixon	M	92	MOPEN	36	02:09:47	108		04:41:10	107	04:40:59	107
46	Kate	Browning	F	16	FV40	10	02:12:03	122	DURSLEY DISTRICT AC	04:41:58	108	04:41:29	108
420	Jonathan	Walsh	M	93	MOPEN	37	02:08:54	105	WIMBLEDON WINDMILERS	04:43:18	109	04:43:02	109
39	Andre	Bright	M	94	MOPEN	38	02:13:21	130		04:43:48	110	04:43:11	110
176	Sam	Harness	M	95	MOPEN	39	02:06:07	89	MONROSS TRAILBLAZERS	04:44:14	111	04:44:02	111
271	Karen	Massey	F	17	FV40	11	02:16:43	144		04:44:19	112	04:44:13	112
365	Ben	Smith	M	96	MOPEN	40	02:13:19	128	HARBOROUGH AC	04:45:26	113	04:44:39	113
88	Andrew T	Davies	M	97	MV60	3	02:13:20	129	BRIDGNORTH RUNNING CLUB	04:46:06	114	04:45:53	115
25	Michelle	Bateson	F	18	FOPEN	6	02:22:32	171		04:46:09	115	04:45:51	114
122	Craig	Edwards	M	98	MV40	43	02:10:56	117	SANDBACH STRIDERS	04:46:25	116	04:46:10	116
404	Steve	Treweeks	M	99	MV50	13	02:11:02	118	SANDBACH STRIDERS	04:46:25	117	04:46:11	117
157	Paul	Green	M	100	MV50	14	02:06:24	93		04:46:32	118	04:46:14	119
127	Osian	Evans	M	101	MV40	44	02:10:37	115		04:46:35	119	04:46:12	118
63	Sarah	Cave	F	19	FOPEN	7	02:16:28	141	SWINDON STRIDERS	04:47:16	120	04:47:01	120
317	Deborah	Pitt	F	20	FOPEN	8	02:14:34	135		04:48:18	121	04:47:52	121
156	Nigel	Graham	M	102	MV40	45	02:02:04	76	PONTYPRIDD (ROADENTS) AC	04:48:20	122	04:48:02	122
26	Mark	Bell	M	103	MV40	46	02:07:43	99	ELY RUNNERS	04:48:21	123	04:48:09	124
150	Beth	Taylor-Jones	F	21	FV50	2	00:00:00	0	100 MARATHON CLUB	04:48:40	124	04:48:20	125
23	Simon	Barry	M	104	MV50	15	02:22:37	172		04:48:54	125	04:48:03	123
417	Richard	Walker	M	105	MV40	47	02:10:09	111		04:49:58	126	04:49:43	129
400	Matt	Thorley	M	106	MOPEN	41	02:13:18	127	WIGAN PHOENIX	04:50:04	127	04:49:19	126
409	David	Tyrer	M	107	MV40	48	02:24:32	184	SKYRAC AC	04:50:13	128	04:49:22	127
82	Kevan	Copeland	M	108	MOPEN	42	02:24:33	185		04:50:13	129	04:49:22	128
37	Chris	Braycotton	M	109	MV40	49	02:12:37	126		04:50:17	130	04:49:47	130
57	Rachael	Camp	F	22	FOPEN	9	02:23:09	177		04:50:46	131	04:50:32	131
393	Colin	Tate	M	110	MOPEN	43	02:10:21	114	BLACKBURN ROAD RUNNERS	04:51:36	132	04:51:24	133
439	Nicholas	Wood	M	111	MOPEN	44	02:07:01	97	PRESTATYN RC	04:51:39	133	04:50:50	132
278	Mike	Melrose	M	112	MV40	50	02:06:54	96	WAVERLEY HARRIERS	04:51:59	134	04:51:49	134
301	Chris	Owen	M	113	MV40	51	02:03:32	81		04:52:07	135	04:51:55	136
106	Jon	Dickinson	M	114	MOPEN	45	02:01:43	73		04:52:21	136	04:52:14	138
44	Richard	Brook	M	115	MOPEN	46	02:22:18	169		04:52:29	137	04:51:53	135
219	Nathan	Jones	M	116	MOPEN	47	02:12:32	124		04:52:39	138	04:52:03	137
437	Sam	Winstone	M	117	MOPEN	48	02:17:07	146		04:53:30	139	04:53:07	139
29	Chris	Berry	M	118	MOPEN	49	02:10:14	112	WOOTTON ROAD RUNNERS	04:54:01	140	04:53:11	140
65	Will	Charles	M	119	MOPEN	50	02:19:06	151	WARRINGTON RRC	04:54:21	141	04:54:00	142

344	Aga	Rozanska	F	23	FV40	12	02:23:23	179		04:54:47	142	04:53:52	141
204	Richard	Jackson	M	120	MOPEN	51	02:24:09	183	HIGHWORTH RC	04:56:07	143	04:55:27	143
124	Sarah	Elliott	F	24	FV40	13	02:22:01	167		04:56:10	144	04:55:53	144
195	Alexandra	Houston	F	25	FOPEN	10	02:15:24	138		04:57:00	145	04:56:31	145
95	Matthew	Davies	M	121	MV40	52	02:21:28	164		04:57:34	146	04:56:44	146
322	Andrew	Pye	M	122	MOPEN	52	02:10:07	109	MERCIA FELL RC	04:57:52	147	04:57:31	148
279	Gerry	Meredith	M	123	MV40	53	02:19:37	152	MONROSS TRAILBLAZERS	04:58:08	148	04:57:56	149
424	Colin	Westbury	M	124	MV40	54	02:23:22	178	GLOUCESTER AAC	04:58:59	149	04:58:29	151
18	David	Baker	M	125	MOPEN	53	02:19:58	154		04:59:01	150	04:58:22	150
321	Ross	Price	M	126	MOPEN	54	02:20:06	155		04:59:04	151	04:58:38	153
6	Leigh	Allinson	M	127	MV40	55	02:23:04	176		04:59:30	152	04:58:38	152
7	Kerry	Allison	F	26	FV40	14	02:25:06	188		04:59:44	153	04:59:20	154
401	Jon	Tilley	M	128	MOPEN	55	02:20:34	160		05:00:07	154	04:59:21	155
323	Mans	Ramberg	M	129	MOPEN	56	02:20:33	159		05:00:08	155	04:59:21	156
309	Ben	Pember	M	130	MOPEN	57	02:08:34	103		05:00:22	156	04:59:54	158
325	Nigel	Reade	M	131	MOPEN	58	02:08:33	102	HEREFORD COURIERS RC	05:00:23	157	04:59:53	157
287	Jonathan	Morton	M	132	MV40	56	02:28:16	207		05:01:04	158	05:00:23	159
100	Danny	De La Hey	M	133	MV40	57	02:25:58	192	LANGPORT RUNNERS	05:01:31	159	05:00:57	160
49	Amy	Burdis	F	27	FOPEN	11	02:25:57	191	NORTHBROOK AC	05:01:33	160	05:00:58	161
284	Lesley	Morison	F	28	FOPEN	12	02:34:08	241		05:01:38	161	05:01:07	162
429	Huw	Williams	M	134	MV40	58	02:27:14	197		05:01:38	162	05:01:30	165
250	Alistair	Logan	M	135	MOPEN	59	02:33:24	236		05:02:03	163	05:01:15	163
180	Paul	Harris	M	136	MOPEN	60	02:13:25	131		05:02:14	164	05:01:18	164
262	Simon	Manuel	M	137	MOPEN	61	02:23:59	181	ST. AUSTELL RUNNING CLUB	05:03:33	165	05:03:01	167
264	Janine	Marchant	F	29	FV40	15	02:28:00	203		05:03:52	166	05:02:54	166
395	John H.	Taylor	M	138	MV50	16	02:19:39	153	MEIRIONYDD RUNNING CLUB	05:04:32	167	05:04:03	168
269	Paul	Martin	M	139	MOPEN	62	02:22:15	168		05:04:51	168	05:04:11	169
149	Bally	Ghattoara	M	140	MV50	17	02:20:25	157		05:05:23	169	05:04:39	171
314	Patrick	Piggott	M	141	MV50	18	02:10:08	110	POCKLINGTON RUNNERS	05:05:37	170	05:04:38	170
99	Paul	Day	M	142	MV60	4	02:20:19	156	LLISWERRY RUNNERS	05:05:43	171	05:05:06	172
266	Scott	Margetts	M	143	MOPEN	63	02:22:29	170		05:05:51	172	05:05:11	173
126	Jon	Evans	M	144	MV50	19	02:27:49	200	NORTH WALES ROAD RUNNERS	05:06:37	173	05:05:33	174
45	Gary	Broughton	M	145	MOPEN	64	02:18:24	150		05:07:03	174	05:06:32	175
243	Jayne	Lee	F	30	FV40	16	02:29:44	217		05:07:45	175	05:06:55	177
215	Delyth	Jones	F	31	FV50	3	02:20:31	158		05:07:50	176	05:07:05	178
233	Artur	Kwecien	M	146	MOPEN	65	02:15:43	140		05:07:51	177	05:07:24	179
54	Chris	Byrne	M	147	MOPEN	66	02:36:45	254		05:07:51	178	05:06:53	176
245	Laura	Lelievre	F	32	FOPEN	13	02:26:59	195	MONROSS TRAILBLAZERS	05:08:22	179	05:08:10	181
383	Mathew	Stephens	M	148	MV40	59	02:14:42	136		05:08:32	180	05:07:56	180
228	Dominic	Kemp	M	149	MV50	20	02:27:43	199	WOLVERHAMPTON BILSTON AC	05:09:58	181	05:09:25	182
384	Camilla	Stewart	F	33	FOPEN	14	02:28:27	209		05:10:08	182	05:09:27	183
373	Pawel	Sowa	M	150	MOPEN	67	00:00:00	0		05:10:11	183	05:09:31	184
117	Paul	Dursley	M	151	MV60	5	02:20:45	161	LLISWERRY RUNNERS	05:10:12	184	05:10:07	186
86	Matthew	Cox	M	152	MOPEN	68	02:25:55	190		05:10:36	185	05:09:54	185
304	Michaela	Owen	F	34	FOPEN	15	02:21:07	163	CYBI STRIDERS	05:11:02	186	04:56:57	147
452	Eric	Desimone	M	153	MV40	60	02:28:07	205		05:11:03	187	05:10:47	188
268	Gary	Martin	M	154	MV40	61	02:16:42	143		05:11:09	188	05:11:02	189
53	Debbie	Butt	F	35	FV50	4	02:27:57	201		05:11:18	189	05:10:43	187

328	Nicola	Rees	F	36	FV40	17	02:31:48	227	MEIRIONYDD RUNNING CLUB	05:12:27	190	05:11:33	190
362	Sujan	Shrestha	M	155	MV40	62	02:23:42	180	SUTTON RUNNERS	05:13:25	191	05:12:28	191
97	Dawn	Davis	F	37	FV40	18	02:21:58	166		05:13:27	192	05:12:50	192
209	Barrie	Jennings	M	156	MV50	21	02:21:37	165		05:14:12	193	05:13:56	193
333	Janet	Richards	F	38	FV50	5	02:30:01	219	LLISWERRY RUNNERS	05:14:56	194	05:13:56	194
298	Rob	Nelson	M	157	MV40	63	02:16:41	142		05:16:13	195	05:15:43	195
135	James	Fletcher	M	158	MV50	22	02:16:48	145		05:16:35	196	05:16:24	197
114	Simon	Downs	M	159	MV40	64	02:24:04	182	EAST END RRC	05:17:04	197	05:16:18	196
390	Gareth	Swain	M	160	MOPEN	69	02:28:45	213		05:17:16	198	05:16:40	198
119	Lily	Dyu	F	39	FV40	19	02:26:45	194	HAY HOTFOOTERS	05:17:40	199	05:17:01	199
171	Craig	Hall	M	161	MOPEN	70	02:18:01	147		05:17:51	200	05:17:28	200
169	Aaron	Haggas	M	162	MOPEN	71	02:12:34	125		05:18:25	201	05:17:48	201
5	Daniel	Allen-Baines	M	163	MOPEN	72	02:33:36	237		05:19:06	202	05:18:18	202
410	Imogen	Unger	F	40	FOPEN	16	02:29:44	218		05:19:59	203	05:19:10	203
296	Julia	Nadaud	F	41	FOPEN	17	02:25:22	189	ST. AUSTELL RUNNING CLUB	05:20:58	204	05:20:26	204
377	Mark	Stanbridge	M	164	MV40	65	02:20:48	162	MACCLESFIELD HARRIERS AC	05:22:19	205	05:21:42	205
308	Teresa	Peasgood	F	42	FV50	6	02:18:19	148		05:22:29	206	05:21:57	207
307	David	Peasgood	M	165	MV50	23	02:18:19	149		05:22:29	207	05:21:57	206
253	Paul	Lucas	M	166	MV40	66	02:29:27	215	ALDRIDGE RC	05:23:19	208	05:22:37	208
397	Patrick	Teague	M	167	MOPEN	73	02:34:31	243		05:23:31	209	05:23:22	212
244	Rachel	Leigh	F	43	FV50	7	02:36:19	251		05:23:36	210	05:23:12	210
347	Neil	Rumbold	M	168	MV50	24	02:24:35	186		05:23:39	211	05:22:56	209
89	Barry	Davies	M	169	MV40	67	02:28:36	211		05:23:39	212	05:23:16	211
433	Sandra	Williams	F	44	FV40	20	02:32:05	231		05:24:30	213	05:23:36	213
84	Andy	Cotgrave	M	170	MV40	68	02:27:11	196	WALLASEY AC	05:24:57	214	05:24:28	214
313	Steve	Phillips	M	171	MOPEN	74	02:22:50	174		05:25:57	215	05:25:16	215
270	Sheila	Mashate	F	45	FOPEN	18	02:28:00	202		05:26:05	216	05:25:49	218
55	Deborah	Cahill	F	46	FV40	21	02:28:20	208	POCKLINGTON RUNNERS	05:26:22	217	05:25:23	216
70	Gary	Clarke	M	172	MV40	69	02:28:37	212	OSWESTRY OLYMPIANS	05:26:23	218	05:25:32	217
94	Llinos	Davies	F	47	FOPEN	19	02:32:12	233	RUN4ALL RC	05:27:58	219	05:27:06	219
276	David	Mckibben	M	173	MV40	70	02:13:43	133		05:29:01	220	05:28:28	221
107	Claire	Dimmer	F	48	FV40	22	02:37:13	256		05:29:20	221	05:28:26	220
40	Lee	Britton	M	174	MV40	71	02:32:06	232		05:29:52	222	05:29:33	223
418	Roger	Walker	M	175	MV40	72	02:33:09	234		05:30:00	223	05:29:09	222
21	Paul	Barnicott	M	176	MV40	73	02:24:43	187		05:30:29	224	05:29:50	227
360	Gayle	Sheppard	F	49	FV40	23	02:31:59	229	LLISWERRY RUNNERS	05:30:37	225	05:29:36	224
113	Ceri	Donovan	F	50	FV40	24	02:36:47	255	LLISWERRY RUNNERS	05:30:37	226	05:29:37	226
310	Elinor	Phillips	F	51	FOPEN	20	02:33:37	238	LLISWERRY RUNNERS	05:30:38	227	05:29:36	225
147	Mark	Gaul	M	177	MV50	25	02:44:01	275		05:32:24	228	05:31:42	229
427	Sahrah	Wilding	F	52	FV40	25	02:29:43	216	PRESTEIGNE PACERS RC	05:32:38	229	05:31:32	228
312	Louise	Phillips	F	53	FV40	26	02:32:00	230	PRESTEIGNE PACERS RC	05:33:27	230	05:32:21	230
387	David	Storer	M	178	MOPEN	75	02:27:18	198		05:35:04	231	05:34:20	231
368	Nickie	Smith	F	54	FV40	27	02:29:00	214	BRIDGNORTH RUNNING CLUB	05:35:10	232	05:34:26	232
236	Sonja	Landwehr	F	55	FV40	28	02:35:05	244		05:35:14	233	05:34:48	234
421	John	Warburton	M	179	MV50	26	02:31:48	228		05:35:15	234	05:34:31	233
181	Scott	Harris	M	180	MOPEN	76	02:33:37	240		05:35:36	235	05:34:50	235
179	Jamie	Harris	M	181	MOPEN	77	02:33:37	239		05:35:37	236	05:34:50	236
355	Mark	Scrivens	M	182	MV40	74	02:26:42	193		05:35:55	237	05:35:24	237

413	Lina	Verseckaite	F	56	FOPEN	21	02:31:26	223	ABERYSTWYTH AC	05:37:38	238	05:37:24	241
192	Michael	Hodges	M	183	MV60	6	02:28:35	210	100 MARATHON CLUB	05:37:38	239	05:37:16	240
348	Donna	Rushton	F	57	FV40	29	02:51:09	289	BLACK PEAR JOGGERS	05:37:52	240	05:37:01	239
158	Steve	Greenhalgh	M	184	MV40	75	02:28:03	204	100 MARATHON CLUB	05:38:58	241	05:38:20	242
444	Lisa	Wright	F	58	FV40	30	02:34:09	242		05:39:39	242	05:39:27	243
36	Ian	Brandreth	M	185	MV40	76	02:44:00	273	ABERYSTWYTH AC	05:40:22	243	05:39:40	244
341	Louise	Rolfe	F	59	FOPEN	22	02:28:12	206		05:41:35	244	05:41:10	246
372	Demis	Sousa	M	186	MV40	77	02:30:07	222		05:41:36	245	05:40:41	245
144	Stephen	French	M	187	MOPEN	78	02:30:06	221		05:42:11	246	05:41:47	248
30	Mike	Bloor	M	188	MOPEN	79	02:30:06	220		05:42:12	247	05:41:47	247
223	Paul	Jones	M	189	MV40	78	02:40:15	266	CHESTER ROAD RUNNERS	05:44:04	248	05:43:16	249
121	Caroline	Ealey	F	60	FOPEN	23	02:40:16	267	CHESTER ROAD RUNNERS	05:44:04	249	05:43:17	251
251	Lisa	Lord	F	61	FOPEN	24	02:40:21	268	CHESTER ROAD RUNNERS	05:44:04	250	05:43:16	250
260	Sean	Mangan	M	190	MOPEN	80	02:22:53	175		05:45:03	251	05:44:34	253
248	Melanie	Liu	F	62	FOPEN	25	02:38:05	260	WREXHAM AAC	05:45:16	252	05:44:29	252
376	Joanne	Stacey	F	63	FV40	31	02:40:06	265	NORTHBROOK AC	05:45:34	253	05:45:05	254
231	Lewis	Kokoc	M	191	MOPEN	81	02:37:33	257		05:46:13	254	05:45:15	255
83	Matt	Copp	M	192	MOPEN	82	00:00:00	0		05:46:26	255	05:45:28	256
336	Paula	Roberts	F	64	FOPEN	26	02:36:29	253	NORTH WALES ROAD RUNNERS	05:46:43	256	05:45:58	257
261	Helen	Manley	F	65	FOPEN	27	02:36:23	252		05:46:58	257	05:46:27	258
406	Paul	Turner	M	193	MV40	79	02:31:47	226	DELAMERE SPARTANS	05:47:19	258	05:46:40	259
165	Liane	Hadley	F	66	FOPEN	28	02:36:15	249		05:47:50	259	05:46:45	261
166	Paul	Hadley	M	194	MOPEN	83	02:36:16	250		05:47:50	260	05:46:45	260
338	Heidi	Roden	F	67	FV40	32	02:43:51	271		05:47:52	261	05:46:58	262
142	Malcolm	Fraser	M	195	MOPEN	84	02:31:47	225	DELAMERE SPARTANS	05:48:30	262	05:47:50	263
148	Melanie	Gaul	F	68	FV40	33	02:44:00	274	ABERYSTWYTH AC	05:49:31	263	05:48:50	264
366	Dave	Smith	M	196	MV40	80	02:38:12	261	FOREST MONSTERS	05:49:40	264	05:48:51	265
133	Mike	Flatt	M	197	MV50	27	02:38:14	262		05:49:41	265	05:48:53	266
224	Sue	Jones	F	69	FV50	8	02:33:15	235	CYBI STRIDERS	05:50:46	266	05:36:39	238
174	Dave	Hannam	M	198	MV40	81	02:38:50	263		05:50:48	267	05:50:15	267
123	Klaus	EgedesA	M	199	MV50	28	02:55:55	298		05:52:12	268	05:51:45	269
354	Louise	Scott	F	70	FV40	34	02:41:17	270		05:52:24	269	05:51:38	268
426	Claire	Whittaker	F	71	FV40	35	02:44:27	276	ROSSENDALE HARRIERS AC	05:53:52	270	05:53:16	270
353	Claire	Scammell	F	72	FV40	36	02:48:10	284	WIMBORNE AC	05:54:27	271	05:53:53	271
64	Jayne	Chanter	F	73	FV40	37	02:44:54	278		05:54:57	272	05:54:23	272
375	Ryan	Spencer	M	200	MV40	82	02:35:57	248		05:57:04	273	05:56:20	273
85	Chris	Councell	M	201	MV50	29	02:39:31	264		05:58:10	274	05:57:19	274
392	Suzi	Tarrant	F	74	FV50	9	02:43:55	272	VEGAN RUNNERS	05:59:11	275	05:58:15	275
396	Stephen	Taylor	M	202	MV40	83	02:44:53	277		06:00:31	276	05:59:32	276
191	Margaret	Hodges	F	75	FV50	10	02:46:59	282	RHAYADER DISTRICT AAC	06:00:32	277	06:00:09	277
335	Julie	Roberts	F	76	FOPEN	29	02:37:58	259		06:01:57	278	06:01:10	278
225	Wendell	Junia	M	203	MV40	84	02:37:52	258	ABERYSTWYTH AC	06:04:37	279	06:03:38	280
210	Ben	Johnson	M	204	MV50	30	02:46:00	280		06:04:37	280	06:03:35	279
58	Arlene	Carino	F	77	FV50	11	02:45:41	279		06:05:15	281	06:04:32	281
342	Mark	Rose	M	205	MV50	31	02:46:33	281	BLACK PEAR JOGGERS	06:06:05	282	06:05:12	282
378	Vicci	Stanley-Roberts	F	78	FOPEN	30	02:49:38	285		06:06:13	283	06:05:52	283
69	Gemma	Churton	F	79	FOPEN	31	02:49:38	286		06:06:13	284	06:05:53	284
98	Paul	Davis	M	206	MOPEN	85	02:35:39	246		06:08:30	285	06:07:36	285

238	Damien	Langton	M	207	MV40	85	02:51:15	290		06:12:27	286	06:11:31	286
81	Sacha	Cooper	F	80	FV40	38	02:47:11	283		06:12:28	287	06:11:45	287
31	Martin	Borowitz	M	208	MV40	86	02:35:05	245		06:13:54	288	06:13:28	288
102	Johann	Delpont	M	209	MOPEN	86	02:50:25	288		06:16:37	289	06:15:59	291
340	Jan	Rogers	F	81	FV40	39	02:50:23	287	BRIDGNORTH RUNNING CLUB	06:16:38	290	06:15:59	292
163	Michelle	Grudzinski	F	82	FOPEN	32	02:55:08	295		06:16:38	291	06:15:36	290
324	Stewart	Rawson	M	210	MV40	87	02:40:29	269	TRAIL RUNNING ASSOCIATION	06:16:38	292	06:15:36	289
391	Caroline	Taplin	F	83	FV40	40	02:56:20	299		06:19:15	293	06:18:40	293
291	Emma	Munday	F	84	FOPEN	33	03:00:03	301		06:19:54	294	06:19:17	294
198	Vicki	Hulme	F	85	FV40	41	03:00:02	300		06:19:59	295	06:19:21	295
350	Doris	Sagasser	F	86	FV40	42	02:55:54	297		06:21:35	296	06:21:09	296
173	Alex	Halliday	M	211	MV40	88	02:55:39	296		06:24:21	297	06:23:28	297
237	Curtis	Langley	M	212	MOPEN	87	02:35:49	247		06:25:07	298	06:24:16	298
305	Catrin	Pascoe	F	87	FV40	43	03:00:22	302		06:30:28	299	06:29:25	299
443	Fiona	Wright	F	88	FOPEN	34	03:01:03	305		06:38:36	300	06:38:01	300
214	Chris	Jones	M	213	MV40	89	03:01:03	304	SPA STRIDERS RC	06:38:37	301	06:38:03	301
203	Nick	Jackson	M	214	MV50	32	03:01:00	303	LLISWERRY RUNNERS	06:44:04	302	06:43:02	302
255	Robert	Macdonald	M	215	MOPEN	88	02:51:43	291		06:52:01	303	06:51:35	303
226	Tony	Kane	M	216	MV60	7	03:16:01	310	ROYTON RR	06:54:03	304	06:52:57	305
143	Mary	Freer	F	89	FV40	44	03:16:02	311	ROYTON RR	06:54:03	305	06:52:57	304
339	Ben	Rogers	M	217	MOPEN	89	02:53:46	292		06:56:51	306	06:55:55	306
290	Brian	Mugford	M	218	MV50	33	03:05:52	307		06:59:42	307	06:58:59	308
56	Dan	Cale	M	219	MOPEN	90	02:54:56	294	BLACK PEAR JOGGERS	06:59:42	308	06:58:50	307
207	Cheryl	Jenner	F	90	FOPEN	35	03:14:41	309	BRJ HUNTINGDON RRC	07:14:32	309	07:13:39	309
80	Joanna	Cooper	F	91	FOPEN	36	03:14:41	308		07:14:33	310	07:13:39	310
242	Mark	Learmonth	M	220	MV40	90	03:02:01	306		07:26:55	311	07:26:07	311
177	Russell	Harper	M	221	MV50	34	03:39:51	312		08:11:39	312	08:11:00	312
138	Christopher	Foster	M	DNF	MOPEN	DNF	02:15:28	139		DNF	DNF	DNF	DNF
35	Mark	Boyce	M	DNF	MOPEN	DNF	02:54:34	293	WELLINGBOROUGH DISTRICT AC	DNF	DNF	DNF	DNF
77	Graham	Colvin	M	DNF	MV50	DNF	00:00:00	0		DNF	DNF	DNF	DNF
399	Rosie	Thomas	F	DNF	FOPEN	DNF	00:00:00	0		DNF	DNF	DNF	DNF
8	Trevor	Allport	M	DNF	MV60	DNF	00:00:00	0	MIDLAND MASTERS AC	DNF	DNF	DNF	DNF
216	Gavin	Jones	M	DNF	MOPEN	DNF	01:58:18	DNF	MONROSS TRAILBLAZERS	DNF	DNF	DNF	DNF
235	Edward	Land	M	DNF	MOPEN	DNF	02:31:38	224	ABERYSTWYTH AC	DNF	DNF	DNF	DNF
254	Ben	Lumley	M	DNF	MOPEN	DNF	02:32:48	DNF		DNF	DNF	DNF	DNF
403	James	Tippling	M	DNF	MOPEN	DNF	02:51:16	DNF		DNF	DNF	DNF	DNF